

## FASTING WITH PRAYER BRINGS DIVINE HEALING

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### **My first experience in praying with faith**

In 1969, Bill Ivie, a friend at work, was always witnessing to people about the Lord and quoting scripture after scripture. I did not dare tell him I was Catholic. One day, my boss said to Bill, "How do you like my friend, Mike, a good Roman Catholic". I said, "Oh boy, he is going to work me over." Bill quoted scriptures to me coming and going about the Holy Spirit, the gifts of the Holy Spirit, praying with faith, etc.

In February 1970, my mother had been sick with the flu and pneumonia for about three months. When I talked to her on the phone on Thursday night, her voice was very weak. On Friday, I spoke to my friend, Bill and said, "I would appreciate it if you would pray for my mother." He looked me in the eyes and said, "Expect a miracle." Saturday, I went to my hometown to visit my parents. A miracle had truly taken place. My mother was up walking around. Bill and a friend went on a one day fast. He explained that fasting gets the Lord attention quickly. I started fasting two to five days every week on water or coffee.

### **Praying for a five year old boy with massive tumors behind each eye**

A few months later, on a Thursday, Bill asked me if I would go with him to the hospital to pray for a little five-year-old boy. This little boy had two malignant tumors, one behind each eyeball. He had been in a coma for a week. The doctors refused to operate. They said there was no hope. I told Bill, I would go to the hospital, but I did not know anything about praying for people. Bill said, "Mike, we are going to do just what the scripture tells us to do." When we walked into the room, the little boy's father, Mr. Boydston, said if this is the Lord's will, we will accept it. Bill said, "**It is not the Lord's will that any should perish. It is His will that we prosper and be in health even as our souls prosper.**" All three of us prayed for the little boy. The next day, the little boy woke up and sat on the side of the bed. On Saturday, the little boy played all over his room. The doctors said, "OK, we will do surgery on Monday morning." Bill and I arrived at the hospital at 11 a.m., just as the doctors were coming out of surgery. Their faces were as white as a sheet of paper. The two tumors had completely disappeared. The doctors said the little boy would be blind as the optic nerves were no longer there. Yet, the little boy had 20/20 vision and was completely healed of cancer. This experience had a tremendous impact on me. **(I happened to be on four day water-only fast.)**

### **Prophetic message of faith on the day of our wedding.**

My wife's Pentecostal parents were adamantly opposed to Ann marrying a Catholic in a Catholic Church. A lady friend of theirs went on a weeklong fast for discernment about their daughter marrying a Catholic boy. On the day of the wedding she told my wife's parents that she received understanding that the Lord was in me and that I would come around to their way of thinking, and I would have a faith that they had never known. **(Note that this was four years before the beginning of the Catholic Charismatic Renewal at Duquesne University in 1967.)** My father-in-law did not

come to the wedding. My mother-in-law came and gave the message to her daughter. Ann said, "Mom that will never happen." Ann had never accepted the Pentecostal faith and was going to a Baptist church at the time I was dating her. In May 1970, my cousin, Father Francis Miesch was at our house for dinner. I said, "Father, the Lord is sure with those Pentecostal people." He said, "Yes, that is right." Father explained that he had gone to Ann Arbor, Michigan the week before with Bobbie Cavnar and suggested that I get in touch with Bobbie. I attended my first Catholic Pentecostal prayer meeting at Ursuline Academy in Dallas.

## **PRAYER WITHOUT FASTING HAS NO AUTHORITY**

### **Shingles**

When my mother came down with shingles in 1974, I started fasting seeking the Lord if I could get the victory for my mother through prayer and fasting. On the 6<sup>th</sup> day of the fast, I had a vision of myself laying hands on someone and a voice said, "**Prayer without fasting has no authority.**" I knew the Lord was telling me to continue fasting. On the 15<sup>th</sup> day of water-only fast my mother no longer had shingles and never had them again.

### **Tumor**

The first of June 1977, my 12 year old son Michael walked up to me with his shirt off and said "Dad, what is this?" There was a large hard tumor on his left breast. The thoughts that went through my mind was when I was a freshman in high school, a boy walked up and pinched and twisted my left breast. This action bruised my breast, and a tumor started growing. By the time I was a senior, it had grown to the size of a hen egg, two-third inside the rib cavity and one-third outside the rib cavity. It was difficult for me to take a deep breath, and it was putting pressure on my heart. I turned to my son and said, "Well, we will have to go to the doctor and get it cut out." My wife, Ann spoke up and said, "Why don't we pray about it?" I said, "Fine". However, I knew anytime you pray for something like this, you have to pray with faith. I told Michael that I wanted him to help his mother and dad pray with faith. I told him that we were going to ask the Father in Jesus' name one time, and we would remind the Father by thanking him daily. I told my son that thoughts would come like, "How can you say you don't have a tumor? Can't you see it? Can't you feel it?" I said, "You will have to come back and say; I am not lying for the scriptures say when you pray, believe that you have received and then you shall have it." In less than a month's time, the tumor completely disappeared.

### **A person must have faith to be healed.**

I asked the Lord if I could fast and pray and get the victory for someone who had cancer. These are the words I received:

**No healing can take place unless the person the healing is meant for has the faith to receive it. This is the way it has been from the beginning.**

**The Lord will often allow an immediate family member to fast for someone who cannot fast or does not have the faith to be healed.**

My father-in-law was having some heart problems. He said he could not even take a shower without taking nitroglycerin. He had an appointment in a week to see a doctor about running a balloon up his arteries to open up his circulation. I asked the Lord if I could get the victory for my father-in-law. The answer was, "Yes, seven days." I called my father-in-law and told him I could get the victory, but I was not going to start fasting until the following week because I did not want to be fasting on my birthday, the coming Friday. I started fasting on Sunday. My father-in-law went to the doctor on Monday. He called me Monday night and said the doctor could not find anything wrong with him. I turned to the Lord and said, "Do you want me to continue the fasting?" He said, "Yes, to seal the victory." I went seven days with nothing but water. My fast was over on Saturday. I called my father-in-law on Sunday to see how he was doing. He said he had been working up a storm. He had cleaned up his yard and hauled off two truckloads of tree limbs and trash without any problem.

**Three years later, he came down with cancer. He had a grapefruit size tumor in his lung. Even though I did not receive knowledge that I could get the victory, I went on a ten day fast, drinking only water. The following words were spoken to me after the fast:**

My son, my son, you will be rewarded for your fasting, prayers, and abundant faith. Stand firm in your desire and faith for the healing that will take place. Inform Ann that during the midst of dark waters, when life seems to vanish before our eyes, I still have the authority and power to heal and to bring forth human life with strength that only I can deliver. Know this and believe, for it is I that will receive glory with this healing. Physicians may shun life as one that is lost, but you must know they report what is happening physically. I am the Author of life and the spirit within. Ann, you must believe and stand firm with your husband for his days are not lost as I am the Lord and Savior that will stand in the gap for any person that believes. I will call forth the spirit of healing, and this will come to pass through your faith.

At the time this prophecy was given to me, I did not realize the Lord was saying that my wife Ann had to stand in the gap with me for this healing to come to pass. My wife is a woman of great faith but for some reason she did not even attempt to fight this fight of faith. I did not feel it was necessary, as I thought the victory was won. My father-in-law was very alert, comfortable, peaceful and talking up to a couple hours of his death. I was shocked, as he did not look like a man close to death. I included the above prophecy to show that **the Lord will sometime allow an immediate member of the family to stand in the gap and intercede for a healing, when the person being prayed for does not have the faith to receive it.**

### **Mother's tumor and 28 days fast**

In 1983, we went to my parent's house on Wednesday, the day before Thanksgiving. My mother informed me that she had a large tumor on her back next to her spine. When I felt the tumor, it appeared to be two to two and one-half inches in

diameter. The doctors were 99% certain that it was malignant. I spoke to Satan and said, "I will turn heaven and hell upside down to get the victory."

I ate breakfast Saturday morning and then I started fasting. On the seventh day of the fast, I was at an all-night prayer vigil. About four in the morning, I felt an overwhelming healing-type of an anointing. I knew my mother was healed. When the tumor was cut out, it was to the doctor's surprise, benign. I know in my heart that the tumor was malignant before my fast. The Lord told me not to come off the fast, as my mother needed some spiritual healing of some anger and unforgiveness in her heart. This was between Thanksgiving and Christmas. I did not want to be fasting during this time, as there were many parties and a lot of good food to eat. I begged the Lord each day to let me come off of the fast. He always said, "No!" Finally, He said I could come off the fast on the 28<sup>th</sup> day, which was Christmas Eve. I did not eat any solid food during this fast. I had signed up to donate blood before I started the fast. On the 16th day, I said, "Lord if you do not want me to donate blood, you block it". He didn't block it. Afterwards, I drank some orange juice. When I went to Christmas parties, I would drink a coke. The Lord said He was using my fast to touch the lives of people all over the world. I went home after supper the day before Christmas Eve. The next morning I told my mother I was going to fast that day and would eat Christmas Eve dinner that evening. This was the easiest fast I had ever been on. The Lord protected me. No one, including my mother, could tell that I was on a fast. I was not weak.

### **Blessed Mother Interceded for me**

January 08, 2012

I had rotor cuff surgery on my right shoulder in 2004. In 2008 I fell backwards and damaged the rotor cuff on my left shoulder. The doctor had great difficulty repairing this rotor cuff. It was six months before I could lift this arm upward above my head. For four years I could not use or lift this left arm sideways to put a letter in a mailbox or to get money from an ATM machine from an open car window. Because of the limited use of my left arm, I had to use my right arm more and more. For a year or so my right shoulder has been tender and sore. It hurt to lift my right arm to comb my hair. As I was lying sideways on my right shoulder on the night of January 7, it felt like one of the tendons snapped. The bicep muscle in my arm seemed to have dropped and was painful. It bothered me all through the night. The thoughts were that I would have to have another rotor cuff surgery.

I got up at 5 am to pray. I said, "Blessed Mother, you've got to help me." Immediately, the Blessed Mother slid her right hand under my left arm and said, "I am the Ark of the Covenant. (The Blessed Mother carried Jesus in her stomach for nine months) Jesus, My Son, is the New Covenant. The New Covenant contains all of my promises, one of which is healing." The pain left immediately. Both arms were healed. I can lift my left arm sideways to the top of my head. Both of my arms are now in excellent shape with no pain or discomfort. There was also healing in my knees, as I am able to walk up and down steps with no discomfort. I have never had a healing for which I did not have to fight the fight of faith before the healing was manifested and afterwards to keep the healing.

## **Prostate Cancer**

**Blood work in May 2013 showed PSA readings of 25, 24 and 25.2. A biopsy was positive for prostate cancer.**

When cancer is involved it is usually due to sin. I had what I felt was mild resentment. Nevertheless, resentment is a sin. I went to confession and repented for my resentment. Ann and I went on three day water-only fast two different times for a total of 12 days. Afterward Ann and I both had faith to believe that the cancer was no longer there. I went to my personal physician and asked for another PSA. He asked why? I told him that after the fast we had belief that the cancer was no longer there. If the cancer is no longer there, the PSA should drop. He said if there is a drop in my PSA, he would start fasting the next day. Read the doctor e-mail below. The PSA dropped from 25 to 1.25.

**Sent: Friday, November 01, 2013 11:43 AM**

**“It looks like you are right. The PSA has come down to 1.25. What an amazing change. Do you want to keep monitoring this? I don’t think we should check it again.**

**Healthcare Associates of Irving”**

My urologist believed the cancer was still there. He ran a Bone scan and a CAT scan two times, a year apart with no evidence of cancer.

## **Cataract in my right eye**

I developed a blurred vision in my right eye. I could not read as I was having double vision. I had to close my right eye to be able to focus and read. I thought perhaps I needed new glasses. They said you have a cataract. You need to have surgery. I asked two different prayer partners to pray with me for discernment. Could I get the victory over the cataract with prayer and fasting? Both said yes – 15 day fast. I asked the Lord if I could do a three day fast five different times. The answer was “Yes”. My wife, Ann and I both went on a three day fast five different times. On the 15<sup>th</sup> day, I could see clearly out of my right eye.

## **FASTING**

### **Jesus, Moses and Elijah fasted for 40 days.**

Jesus set the example for us by fasting for 40 days. The disciples of John the Baptist came to Jesus and said, “John and his disciples fasted often. How come you and your disciples do not fast?” Jesus replied that the day was coming when they would fast often.

### **Severe Storm at Sea: Acts 27:27-44:**

Two hundred and seventy-six people were on the ship with Paul. Everyone went 14 days without eating. The ship was lost but no lives were lost.

### **Jonah preached in the city of Nineveh that the Lord was going to destroy the city.**

The King of Nineveh proclaimed a fast of no food or water for man or animals,

and for the people to repent for their sins. The Lord heard their prayers and did not destroy the city.

There are those that claim they cannot fast. I would hate for them to be on the ship with Paul or in the City of Nineveh. I do not know if some people truly cannot fast. If they are having surgery the next day they have to fast. Similar to getting a splitting headache, we need to just deal with the discomfort and bear it. The hardest part of a fast is the first three days.

I have fasted two to five days a week every week for 28 years. The Lord kept me on a fast for 15 days to heal my mother of shingles and 28 days for her healing of cancer.

On two different occasions I fasted 10 days for the Lord to correct and straighten out two of my sons.

A Protestant minister from Idabel, Oklahoma that I know of went on a 40 day fast three different times.

Words spoken to me while on a fast, "Prayer without fasting has no authority." The Lord is more than willing to heal someone if the person is willing to do some fasting with prayer."